

# ONE-DAY CHAN MEDITATION RETREAT

with Nancy Bonardi

Jan. 30 (Sat), 9am~5pm

Donation: \$25



dharma teacher in training.

Pre-registration is required.

This retreat is open to people who have taken Beginners' Meditation Class.



**Chan Meditation Center**

90-56 Corona Avenue

Elmhurst, NY 11373

718-592-6593

[www.chan1.org](http://www.chan1.org)